

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Amanda Van der Lith

Has successfully participated & completed the

13km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

## TIME 02:17:41

**PACE** 10:34/km **OVERALL** 128 of 140

**GENDER** 40 of 47 **40 - 49** 7 of 12



Date

outTime

Signature